The *Best* Example to follow 最佳效法的榜样

Mark 马可 1:35-38

GEMUK?

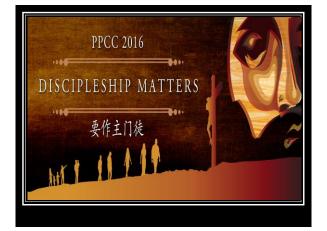
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And in the morning, rising up a great while before day, he went out, and departed into a solitary place, and there prayed.

次日早晨, 天未亮的时候, 耶稣起来, 到旷野地方去, 在那里祷告。



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Prioritize personal prayer! 把个人的祷告放在优先位置!

Mark 1:32-34

And at even, when the sun did set, they brought unto him all that were diseased, and them that were possessed with devils. And all the city was gathered together at the door. And he healed many that were sick of divers diseases, and cast out many devils; and suffered not the devils to speak, because they knew him.

马可 1:32-34

天晚日落的时候,有人带着一切害病的,和被鬼附的,来到耶稣跟前。 合城的人都聚集在门前。

耶稣治好了许多害各样病的人, 又赶出许多鬼, 不许鬼说话, 因为鬼认识他。

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- Schedule undisturbed time and attention
- ■安排不受人干扰的时间

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And in the <u>morning</u>, <u>rising up a great while</u> <u>before day</u>, he <u>went out</u>, and <u>departed into a</u> solitary place, and there **prayed**.

次日早晨, 天未亮的时候, 耶稣起来 , 到 旷野 地 方 去, 在 那 里 祷 告 。

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"专家们十几年来都在说早餐是一天中最要的一餐……"

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- Experience renewed purpose & strength 经历更新的目标和力量



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Mark 马可 1:36-37

And Simon and they that were with him followed after him. And when they had found him, they said unto him, All *men* seek for thee

西门和同伴追了他去,遇见了就对他说:众人都找你。

Mark 马可 1:38

And he said unto them, Let us go into the next towns, that I may preach there also: for therefore came I forth.

耶稣对他们说:我们可以往别处去,到邻近的乡村,我也好在那里传道,因为我是为这事出来的。

2 Chronicles 歷代志下 26:5

And he (Uzziah) sought God in the days of Zechariah,: and as long as he sought the LORD, God made him to prosper.

通 晓 神 默 示, 撒 迦 利 亚 在 世 的 时 候, 乌 西 雅 定 意 寻 求 神 ; 他 寻 求 耶 和 华, 神 就 使 他 亨 通 。

2 Chronicles 26: 16, 21

But when he was strong, his heart was lifted up to *his* destruction: for he transgressed against the LORD his God, and went into the temple of the LORD to burn incense upon the altar of incense ...and Uzziah the king was a leper unto the day of his death,...; for he was cut off from the house of the Lord....

歷代志下26:16,21

他既强盛,就心高气傲,以致行事邪僻,干犯耶和华—他的神,进耶和华 的殿,要在香坛上烧香...

乌西雅王…疯直到死日,因此住在别的宫里, 与耶和华的殿隔绝。

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